

## HIV-STD consultation at the Wiesbaden Health Office

### Information letter

#### Sexually Transmitted Diseases (STD)

STDs are transmitted via unprotected sexual intercourse.  
 Infected persons are often unaware of their infection and can therefore infect their partners.  
 Safer sex with condoms protects against sexually transmitted diseases.

#### What tests can be done and how much do they each cost?

tests	pathogen	test fee/ cost
HIV test	HIV (human immunodeficiency virus)	10,00 €
hepatitis B test	HBV (hepatitis B Virus)	20,00 €
syphilis test	Treponema Pallidum	10,00 €
hepatitis C test	HCV (hepatitis C Virus)	10,00 €

#### When and how will I receive the test results?

You can request the test results by phone at  
 0611-31 4219 or 0611-31 2801

→ thursdays 08:00 a.m. - 15:00 p.m.  
 mondays 08:00 a.m. - 15:00 p.m.

 On request, you will also receive the test results by email.

Which test is suitable for me and when is the test meaningful?

Test	Disease	Additional information	When to perform the test?
<b>AIDS</b>	HIV infection is transmitted through unprotected sexual contact. In the process, body fluids containing the virus are absorbed through the mucous membranes. After a fresh infection, flu-like symptoms occur, which subside after weeks. During this time, there is maximum contagiousness! After months to years without symptoms, the immune system weakens and AIDS develops, which is fatal if left untreated.	A cure is not possible! The viral load can be reduced with <u>permanent</u> antiretroviral therapy.	When the risk of infection occurred <b>6 weeks</b> ago.
<b>Hepatitis hep B</b>	HBV infection is transmitted through unprotected sexual contact. It leads to liver inflammation with body weakness, jaundice and upper abdominal pain. The disease can heal or become chronic with cirrhosis and increased risk of liver cancer.	Prevention possible through <u>vaccination</u> !	If the risk of infection occurred <b>3 months</b> ago (80% exclusion).
<b>Syphilis</b>	Syphilis is transmitted through unprotected sexual contact. A few days to weeks, papules with swollen lymph nodes (ulcus durum) appear on the genitals, mouth or anus. Syphilis progresses in different phases, whereby nerve damage (neurosyphilis) can occur in the later course.	Treatment possible with <u>antibiotics</u> !	When the risk of infection occurred <b>8-10 weeks</b> ago.
<b>Hepatitis hep C</b>	Hepatitis C infection is transmitted via cuts or needlestick injuries from contaminated needles, utensils, blood products. The risk of sexual transmission is low. Homosexual men and HIV positive individuals have an increased risk of infection during unprotected sex. Liver inflammation develops with jaundice, upper abdominal discomfort and lassitude. The infection usually heals, but can also be chronic. As long as viruses are detectable in the blood, there is infectiousness.	Vaccination is not possible. There are various <u>therapy options</u> !  New infections are possible after successful therapy	If the risk of infection <b>6 weeks</b> ago.  Exclusion of an infection possible after 6 months.